

# Good Morning!

To minimise the contact with staff and the risk of spreading the virus, we kindly ask you to pre-order your breakfast the evening before. Booking slots are in 15-minute intervals between 8.00 and 9.30am. Room service is available free of charge.

You can email your order, telephone reception (up to 10pm) or use the online ordering system.

## Cold Items

- ◆ Fruit Juices (orange, apple, tomato)
- ◆ Natural Yoghurt
- ◆ Mixed Berries
- ◆ Fresh Grapefruit
- ◆ Cereals  
(Rice Krispies, Frosties,  
Corn Flakes, Shredded Wheat,  
Weetabix, Muesli, All Bran)
- ◆ Compote of Figs
- ◆ Melon
- ◆ Grapefruit Segments
- ◆ Prunes
- ◆ Mixed Dried Fruit and Nuts

## Hot Items

- ◆ Grilled Bacon
- ◆ Grilled Tomatoes
- ◆ Grilled Sausages
- ◆ Baked Beans
- ◆ Scrambled Egg
- ◆ Mushrooms
- ◆ Fried Bread
- ◆ Porridge
- ◆ Grilled Kipper
- ◆ Poached Smoked Haddock
- ◆ Fried Eggs
- ◆ Boiled Eggs
- ◆ Poached Eggs

Brown or white toast (with or without marmalade). Honey, Marmite and jam on request.

Please leave this laminated menu in your room.